



## **Mountain Trek** backcountry hiking

This special program takes participants offsite into the backcountry wilderness of the Chattahoochee and Sumter National Forests. See unique vistas and distinctive mountainsides along the Bartram Trail, including Rabun Bald, Warwoman Dell, and Big Rock overlooking Camp Rainey Mountain. At the end of the week, take off the backpacks and pick up canoes as your trek takes you down to the riverfront of the "Wild and Scenic" Chattooga River. From there you will paddle parts of section II and section III. Find out more about this wilderness encounter by visiting [www.bartramtrail.org](http://www.bartramtrail.org) and [www.chattoogariver.com](http://www.chattoogariver.com).

### Who can participate?

Scouts must be 13 years old by June 1<sup>st</sup>, 2007, in order to participate. Scouts should have some hiking and canoeing experience. Scouts must be First Class Rank or higher to participate. Practice hikes are recommended, though not required. Scouts must pass the BSA Swimmers test. Crews of up to 10 scouts are provisionally staffed, so individual scouts can attend and participate at any time. Adults may participate with the crews but must pay the full adult fee (\$100) plus the additional trek fee (see below). All participants must be physically fit and able to hike up to 10 miles or more per day with full pack. The High Adventure Director reserves the right to refuse any participant not physically able to complete the course.

### Be Prepared!

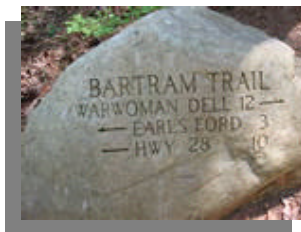
Trek participants must provide their own Backpack (3,500-4,000 cubic inches recommended). Participants should also bring the following personal gear:

Backpacking tent	Pocket knife
Sleeping bag (stuff sack)	Toiletries
Rain gear	Personal first-aid kit
Flashlight and extra batteries	moleskin
Waterproof matches	Packer's trowel, toilet paper
Towel, soap (campsuds)	Compass, or GPS
Hiking boots (broken in)	Backpacker's repair kit (grommets, cord, etc.)
Light athletic shoes (in camp, stream crossing)	Bandana
Extra clothing	Extra stuff sack
Sunscreen, insect repellent	Water bottles
Sweatshirt or light jacket	Class III Med form #34412
Swimsuit	(2 copies)
Mess kit, spoon, insulated mug	

The camp will provide cook gear, canoeing equipment, and dry bags for paddling.

### Additional cost:

\$75 in addition to regular campers fees.



## Climbing Adventure Climbing Merit Badge



Take advantage of the unique climbing opportunities in and around Camp Rainey Mountain! Learn the basics at Challenge Valley when you head to the Climbing Tower. Then you can take your experience to Big Rock or other natural rock faces (weather permitting). Scouts participating in this program will complete requirements for the Climbing Merit Badge (Eagle Required) with the exception of First Aid and CPR requirements which should be completed before camp. The Mountaineering Elective for Venturing participants will be completed with the exception of requirement 4d, the table-top display or presentation, and requirement 9, leading a group on a climbing activity.

### Who can participate?

Scouts must be 13 years old by June 1<sup>st</sup>, 2007 and must have completed the First Class Rank to participate. This activity is very strenuous and requires completion of certain skills as outlined in the Climbing Merit Badge Pamphlet; therefore, the High Adventure Director reserves the right to refuse any scout who is not physically capable of completing the course. There is a strict limit of 12 participants per session (24 total). **Due to the strict limitations in the number of participants allowed, ADULTS may observe but may not participate in this program.**

### Be Prepared!

Participants will need to bring the following gear to camp with them:

Rain gear	Insect repellent NON-aerosol
Appropriate hiking boots	Bandana
Hydration system or two water bottles	Sunglasses
Climbing shoes or sneakers	Long pants
Leather gloves	Class III Med Form (2 copies)

The camp will provide all other necessary climbing equipment including harness, ropes, hardware, and helmet. Personal harnesses, ropes, helmets or hardware may not be used during this course.

### Program Schedule

Tentative schedule is subject to change. Participants will remain in base camp throughout the week. This is a half-day course. Some work may require that participants arrive earlier or stay later in order to complete the necessary training, but should not interfere with other programs.

Monday: learn the required emergency procedures, environmental considerations, and proper clothing, footwear for climbing, ropes for climbing and rappelling, and equipment management.

Tuesday: learn knots, harness fitting, verbal signals and commands, and other equipment skills necessary for climbing. The staff will demonstrate and teach belay techniques.

Wednesday: Belay practice is required prior to any climbing activities. learn from climbing and rappelling demos plus personal instruction in techniques. Climbing practice at the tower.

Thursday: Climbing at Big Rock (weather permitting)

Friday: Climbing at Mount Currahee or other natural rock faces (weather permitting)

### Additional Cost:

\$45.00 for all participants  
In addition to regular camp fees.



## **COPE** Challenging Outdoor Personal Experience

Camp Rainey Mountain offers two half day sessions of COPE this year! Come find out what COPE is all about. Challenging activities help older scouts understand teamwork, confidence building, challenge by choice, leadership, and initiative. Participants will get a full tour of **Challenge Valley** as they visit different sites including the Low Course and the High Course. The possibilities are seemingly endless! This course is managed by a BSA National Camping School Certified COPE Director and staffed by a highly qualified and trained group of adult scouts.



[www.nega-highadventure.com](http://www.nega-highadventure.com)

### Who can participate?

Scouts must be 13 years old by June 1<sup>st</sup>, 2007 and must have completed the First Class Rank to participate. This activity is very strenuous and requires completion of certain challenging skills; therefore, the High Adventure Director reserves the right to refuse any scout who is not physically capable of completing the course. There is a strict limit of 16 participants per session (32 total). ***Due to the strict limitations in the number of participants allowed, ADULTS may observe but may not participate in this program unless space is available. Adults must pay the High Adventure fee associated with this activity.***

### Be Prepared!

Participants will need to bring the following gear to camp with them:

- ☐ Hydration system or two water bottles
- ☐ Boots or sneakers
- ☐ Leather work gloves
- ☐ Insect repellent Non-aerosol
- ☐ Bandana
- ☐ Sunglasses
- ☐ Class III med form # 34412 (2 copies)

The camp will provide other necessary equipment such as helmets, ropes, harnesses, and hardware. Personal helmets, ropes, harnesses, and hardware may not be used during this course.

### Program Schedule

Tentative schedule for COPE is subject to change. Participants will remain in base camp throughout the week. This is a half-day program. Some work may require that participants arrive earlier or stay later than the designated times in order to complete the necessary training, but this should not interfere with other programs.

Monday – Team Building/Initiative Games

Tuesday – More games, Low Course

Wednesday – Low Course

Thursday – High Course

Friday – High Course

### Additional Cost:

\$45 for all participants

In addition to regular camper fees



## Whitewater Kayaking



Northeast Georgia is home to some of the most exciting whitewater areas in the country. Now scouts and venturers can take advantage of these opportunities in this unique whitewater training program. With experienced and well-trained instructors, you'll spend one day on the lake and four days on four different rivers! This program is for accelerated learners who can move fast. This activity provides more than just the bumps and rolls of whitewater rafting.

### Who can participate?

We will only accept 10 participants into this program each week. Any more than ten would pose unacceptable safety risks. This is a firm Council policy. Accordingly, scouts should choose alternate programs in the event they are not accepted into the program. Scouts must be 13 by January 1<sup>st</sup> and must have attained First Class Rank. Sign up for this program using the online registration. You will want to sign up on the earliest date possible since this program will fill up quickly. Participants may be restricted from attending certain rivers or training activities (at the instructors discretion) if they do not learn the necessary skills. Safety being the primary concern, the onsite whitewater director will consult with the scoutmaster and camp director, but must have the final say regarding river safety and river restrictions. The whitewater director reserves the right to refuse any participant not physically able to complete the course. ***Due to the strict limitations in the number of participants allowed, ADULTS may observe but may not participate in this program. NO EXCEPTIONS.***

### Be Prepared!

We cannot take a participant on the river without the following equipment:

- Water bottle
- Whitewater waiver form
- Swim wear
- Synthetic shirt/top
- Soft-soled water shoes NO SANDALS, flip flops or athletic shoes
- Class III Med Form # 34412 (2 copies)

The camp will provide the necessary equipment such as boats, floatation, PFDs, paddles, paddling jacket, helmet and spray skirt.

### Program Schedule

- Monday: Kayak instruction on Lake Toccoa
- Tuesday: Moving water practice on the Tuckaseegee River (Dillsboro, NC)
- Wednesday: River trip to the Upper Chattahoochee River (Clarksville, GA)
- Thursday: River trip to the Nantahala River (Bryson City, NC)
- Friday: River trip to the Chattooga River (Long Creek, SC)



### Additional cost:

- \$95 for all participants
- In addition to regular campers fees.



## Scoutland Aquatics Outpost

**BACK BY POPULAR DEMAND!**

Take part in one of the most unique programs in Boy Scout Camping!! Scoutland Aquatics Outpost is located just an hour south of Camp Rainey Mountain on beautiful Lake Lanier, Georgia's largest man made lake.

Older scouts (13 and up) can take part in any of these weeklong events. Scoutland Aquatics Outpost features catered meals, flexible daily schedule, and a relaxed atmosphere providing a unique experience to the everyday summer camp. You'll enjoy the low student-instructor ratio and one-on-one time with boating experts.



Scouts can attend with their troop or as an individual. Adult Leadership is provided for scouts while on the outpost. Troop leaders may attend with their scouts or remain at Camp Rainey Mountain with the rest of their troop.

Scouts may arrive on their own at Scoutland on Sunday evening after 8:00pm or, shuttle service is provided for scouts arriving with their troop at Camp Rainey Mountain. Listen for the announced departure at the evening flag ceremony on Sunday. Scouts will be shuttled back to Camp Rainey Mountain on Friday evening after supper.

## Whitewater Canoe



Take part in a week-long adventure with you and your paddling buddy. Throughout the week you will learn how to maneuver and paddle your canoe on some of Northeast Georgia's most exciting whitewater for beginners. Paddlers will experience four full days of paddling on whitewater Class I, II and III rapids.

### Who can participate?

Scouts must be 13 years old by June 1<sup>st</sup>, 2007, to participate. Participants must pass the BSA swimmers test and be in good physical condition to paddle long distances and carry canoes. Participants should have completed canoeing merit badge prior to taking this course. We recommend that participants have done at least a 10-mile canoe trip prior to participation. The High Adventure Director reserves the right to refuse any participant not physically capable of completing the course. There is a strict limit of 10 participants. ***Adults are welcome to participate if space is available.***

### Be Prepared!

Participants will need to bring the following gear to camp with them:

Backpacking tent	Personal gear
Sleeping bag/ ground mat	Water shoes/ sandals
Swim wear	
Sunscreen, hat, sunglasses	Synthetic shirt/shorts
Toiletries	Rain gear
Bug repellent	Wind pants
Water bottle	Packers towel
Lightweight jacket/ sweater	Class III med form (2 copies)

The camp will provide canoe equipment needed including paddles, PFD, flotation, and dry bags for food and gear.

### Program Schedule

Tentative schedule is subject to change. Participants will travel to each river from the Scoutland Aquatics Outpost each day and will camp on the Aquatics Outpost each evening.

Monday:	Swim/canoe training at Scoutland Aquatics Outpost. Flat water practice
Tuesday:	Chattahoochee River
Wednesday:	Chestatee River
Thursday:	Etowah River
Friday:	Upper 'Hooch

### Additional cost:

\$75 for all participants

In addition to regular camp fees.



**Sailing Cruise** Large Boat and small boat sailing and racing

Join us at Scoutland Aquatics Outpost for a sailing adventure! Live aboard your own 22' sail boat while "learning the ropes." Develop teamwork and leadership skills in this dynamic environment of sailing. Participants will try their hands at working with others aboard a J/Y 15' and working their way up to a 22' Catalina. Scouts will learn knots, marlinespike, anchoring and ground tackle, points of sailing, rules of the road, navigation, piloting, and sail trimming. This course is ideal for beginning sailors.

**Who can participate?**

Scouts must be 13 years old by June 1<sup>st</sup>, 2007, to participate. Participants must pass the BSA swimmers test and be in good physical condition for the rigors of sailing. Prior sailing experience is recommended but not necessary. The High Adventure Director reserves the right to refuse any scout who is not physically capable of completing the course. There is a strict limit of 12 participants. **Due to the strict limitations of participants allowed, ADULTS may observe but may not participate.**

**Be Prepared!**

Participants will need to bring the following gear to camp with them:

Personal gear	Light jacket/ sweatshirt
Sleeping bag	Leather gloves
Deck shoes/ water shoes	Swimming gear
Toiletries	Sunscreen, sunglasses
Water bottle	Hat
Rain gear	Class III Med Form
Wind pants	

The camp will provide all necessary sailing equipment including PFDs.

**Program Schedule**

Tentative schedule is subject to change. Participants will remain on base camp throughout the week.

Monday:	Knot work, parts of the boat, sailing commands, J/Y15 sailing
Tuesday:	Points of Sailing, basic sail trim, more sailing
Wednesday:	Basic navigation, racing, more sailing
Thursday:	Anchoring, ground tackle, sailing 22' boats
Friday:	More sailing!

**Additional Cost:**

\$75 for all participants

In addition to regular camp fees.



**Power Boat Extreme** *Motor boating, Water Skiing, and more...*

Participants will be transported to and based at the Scoutland Aquatics Outpost. Qualified leaders are provided for this adventure. Scouts will learn motor boating and water skiing while earning both of these merit badges. Practice skills and have fun on the water while tubing, water skiing, slalom, knee boarding and wake boarding.



Who can participate?

Scouts must be 13 years old June 1<sup>st</sup>, 2007, to participate. Participants must pass the BSA swimmers test and be in good physical condition. Prior experience is recommended in motor boating and water skiing. The High Adventure Director reserves the right to refuse any participant not physically capable of completing the course. There is a strict limit of 12 participants. ***Due to the strict limitations of participants, ADULTS may observe but may not participate.***

Be Prepared!

Participants will need to bring the following gear to camp with them:

Personal gear	Water bottle
Toiletries	Water shoes
Swim gear	Towel
Sunscreen, hat	Class III Med Form
Sunglasses	

The camp will provide the necessary equipment including skis, wake boards, knee boards, PFD's. Scouts may bring personal gear as well.

Program Schedule

Tentative schedule is subject to change. Participants will remain in base camp throughout the week.

Monday:	Motor boating
Tuesday:	Water skiing
Wednesday:	Water skiing
Thursday:	Knee boarding
Friday:	Wake Boarding



Additional Cost:

\$75 for all participants

In addition to regular camp fees.

## NANTAHALA RAFT TRIP [High Adventure for EVERYONE!](#)



Here's an opportunity that **everyone** can enjoy. Over 750 campers did in 2006! Camp Rainey Mountain offers a raft trip each **Thursday**. This expedition will take your Scouts and adults to the thrilling Nantahala River which drops through a forested gorge of the same name located about 15 miles southwest of Bryson City, North Carolina. At the Nantahala, rhododendron and stately hemlocks provide an atmosphere of fragrant beauty. The river is clean and cold, and the class II and III rapids offer a challenge to all participants. The Nantahala is dam controlled so that there is a sufficient water level all summer. The size of this group is not limited, but pre-registration is required by indicating the number of Scouts and adults participating on the fees transmittal form included in this Leader's Guide. The fee is \$32.00 per person that includes all of your equipment, an orientation session, a meal when you're done and an **Exclusive Patch**.

**Cost: \$32.00 per person (Nantahala River only)**

**Guided Raft Trips** are available for an **additional fee**. See the camp director about the Guided option. Your troop may wish to pay for this trip upon arrival at camp. We'll need a definite number by Monday breakfast.

**Note:** Troops must provide their own transportation to and from the river. Since the Scouts will be getting wet, please have them bring a dry change of clothes and some shoes (sneakers or other river shoes) to wear



## Chattooga Raft Trip

This is an advanced Whitewater Rafting Trip. Experienced scouts can paddle Class II, III, and IV rapids. Limited to 20 participants per week. Includes transportation to and from Camp Rainey Mountain and the River Outfitter. The Chattooga River is a natural "Wild and Scenic" river, which means that trips are subject to change or cancel without notice. Chattooga River trips must be registered and paid in **advance**. The fee is \$58.00 per person that includes all of your equipment, an orientation session, a snack when you're done and an **Exclusive Patch**.

**Cost: \$58.00 per person (Chattooga River only)**

**"Hats off to the CRM staff!!! Troop 491 had a great time full of learning, teaching, growing, making new friends, all in a setting of SCOUTING FUN! CRM has excellent programs, support, facilities, and staff."**

**Doug McBriarty**  
Scoutmaster  
Troop 491, Central Florida Council

## LOCAL HIKING TRAILS **High Adventure for EVERYONE!**

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Opportunities for hiking abound at Camp Rainey Mountain and Scoutland. Our dining halls will gladly prepare a "sack meal" for your troop or patrol to take hiking on any of the many trails you will find either at Camp Rainey Mountain or Scoutland. Please indicate your request to the dining halls on Monday morning.

### WATERFALL / NATURE TRAIL

The beginning of this trail is located near Russell Campsite approximately 150 yards from the road. This is a great in-camp short patrol hike. There is a waterfall on this trail.

### BIG ROCK TRAIL

The beginning of this trail is located across from the Demorest Campsite. This is a STRENUOUS hike. It will take approximately 45 minutes to reach the top at Big Rock, but the view of Camp Rainey Mountain and the beautiful northeast Georgia mountains is worth the effort. Please be sure that everyone on your hike up Big Rock takes water. Adults must accompany Scouts on this hike. There is a patch available for purchase in the Trading Post for those who complete this hike.

### CHARLES SMITH JR. MEMORIAL TRAIL

This trail is named in memory of Charles Smith, Jr., former Scoutmaster of Troop 26 from Gainesville, Ga. The hike loops out of camp and connects into the Bartram Trail System at Green Gap. Please be sure that everyone on your hike takes plenty of water and that adults accompany Scouts on this hike since it leaves camp. Estimated time to hike the entire trail is 2.5 hours.

### BARTRAM TRAIL

The Bartram Trail stretches from Georgia into North Carolina. The Georgia portion extends 38 miles in the Chattahoochee National Forest. This segment starts from the West Fork of Chattooga River to the summit of Rabun Bald and on to the Georgia-North Carolina Border. There is good fishing along the way in the many streams that cross or run near the trail. Start from the Charles Smith trail.

[www.bartramtrail.org](http://www.bartramtrail.org)

### WARWOMAN DELL

This is a nearby recreation area in the Chattahoochee National Forest. Easily gain access from the Bartram Trail by starting from the Charles Smith trail follow directions from the stone marker at Green Gap. Warwoman Dell features a nature trail, historic elements and picnic area and a beautiful waterfall. This area was developed by the Civilian Conservation Corps in the late 1940s.

### Chattooga River Trail

This hike takes you along the pristine Chattooga Wild and Scenic River. This extended hike can be reached from the Bartram Trail heading out of camp or by road access from the Georgia side of the Chattooga River (ask for directions from our staff). Witness the raging waters at the famous Bull Sluice or hike up to Ellicott Rock and learn about early surveyors.

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**"(I am) extremely impressed with your staff, they are highly motivated!"**  
– Lanny Rhodes, Troop 57, Coastal Empire Council